



A Sample Menu for Bowl Food

A great way to feed people without sitting down

A selection of Canapés for serving during the initial reception

Parmesan biscuits with a variety of toppings

Plaice goujons with tartare sauce

Filo cups with an assortment of fillings

Marinated mozzarella with cherry tomatoes and black olives

.....

Green Thai Chicken with aromatic rice

Mini Boston sausages with jewelled mash

Chili con carne and rice

(served in bowl and eaten with a fork)

....

Canapes for puddings

Mini meringues

Mini Banoffs

Mini profiterolls

Strawberry shortcake

Kebabs of Fresh fruit

...

Coffee and Tea